

A photograph of a person in a light blue button-down shirt, seen from the side and slightly from behind, bowing their head and shoulders forward. They are in a modern office hallway with large windows and architectural details. The lighting is soft and natural, coming from the windows. The person's expression is not clearly visible, but their posture suggests a sense of submission or distress.

„Mobbing ist eine Waffe – und sie wird genau dort eingesetzt, wo andere die Schwachstellen eines Menschen erkannt haben.“

SCHIKANE AM ARBEITSPLATZ

*Wo Mobbing anfängt –
und was man dagegen tun kann*

Von Katrin Arnholz